

Things that really help if you're going through domestic abuse...



Getting help and support

1-to-1 with

support worker

More groupwork so we can encourage each other!

Housing



Bigger Refuges with more space for everyone would really help



At School

Teachers believing you, that you can trust

The police and courts

Police listening to young people's side of the story if there is domestic abuse





Other stuff?

If young people have a say in how services for domestic

abuse are run because we know what works

attitudes need to change so that domestic abuse is not 'normal'